

From The Chef's Table



Culinary Trivia

In 1612, Captain John Smith described this dish as it was made by the Indians of Virginia: "Their corne they rost in the eare greene, and bruising it in a mortar of wood with a Polt; lappe it in rowles in the leaves of their corne, and so boyle it for a daintie."

This ancient Mexican dish, was served by the Aztecs to the Spanish explorer Hernando Cortez and his men.

Name this dish.

Tamale. Spiced chopped meat on a bed of masa, rolled up in corn husks or banana leaves then boiled or steamed.

Customer Request Corner & Special Items to Look For

- Now that Fall has Arrived, look for new menu items weekly in all our Cafe's
- Navy Bean Soup Wednesday
- Salmon Cakes on Wed. and Friday
- Check out our Hispanic Heritage Menu on Wednesday, Caribbean.
- Roasted Root Vegetable Salad Simply to Go

Check out these Local Products this week

Eggplant
Suntan Peppers
Yellow Squash and Zucchini
Red, White, and Sweet Potatoes
Wild Flower Honey
Watermelon
Mushrooms
Beets
Tomatoes & Kale
Asian Pears

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